

Welcome to



A program of Christmount Assembly



When you first arrive at camp on Sunday (check-in 2:30-4:30) you will:



Sign In and get your picture taken



Meet your counselor



Talk with the nurse



Unpack at the Group Lodge



Outside of the Group Lodge



Inside common room of Group Lodge



Inside one of the 4 bedrooms, 4-6campers to a room



Say goodbye to your family or guardian

On Sunday, after your parents leave, we usually go to the pool first (as long as the weather is clear), then dinner, camp fire, pool, and shower time. At the camp fire we roast marshmallows, make s'mores, and sing silly camp songs.



Typical day at camp...

Counselors pick up campers at the Group Lodge at 8:15 and head to breakfast at 8:30. After that the group is split into two small groups, and they rotate between arts and crafts, music and motion, outdoor activities, and snack time.



- * Each camper has an assigned desk. First they do a school related task, and then they do the craft for the day. Crafts vary according to age and interests.



- Sometimes Arts and Crafts happens outside. We like to turn items found in nature, into cool crafts.



- * Music and Motion is an indoor interactive music time. We do stretching, games, instruments, dancing, or whatever the group is interested in!



- * Headphones are available for sensitive ears.

Usually the morning outdoor activity happens at our black top area. It will be set up so that first we start with a group activity, and then campers can go around and try different games with their counselor. We use a visually structured color matching system so that the campers get a chance to try each activity.



Parachute games are a great group activity to start with!



Stretching



Putt-putt might be one of the activities to try with your counselor



Bowling



Chalk

We go to the pool 3, yes, 3 times a day!!

We go at 11:00, 4:20, and 7:00. Campers always have loads of fun at the pool with their friends and counselors. We have lifejackets available for campers with a history of seizures, or if you are still learning to swim.



After our 11:00 pool we go to lunch at the cafeteria, followed by an hour and a half rest time. Some campers sleep, some play games, and some watch a movie. There are 3 Activity Directors in the cabin at nap, and the counselors have that time off. After nap we head to the Shady Stage for Song Time!



Outside of the cafeteria



Singing silly camp songs is fun for most of our campers



We love getting campers to help lead their favorite songs



Counselors will help their campers learn the words and/or the motions so that they can enjoy song time their way!



If we are lucky, Jon will bring his guitar, and then song time gets even better!



We utilize visual choice boards for some of our songs to make them more interactive

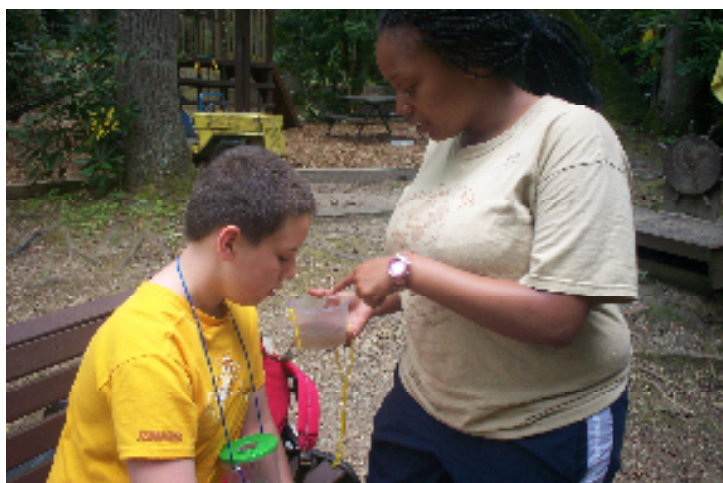
In the afternoon we break the group into two small groups again. We rotate through Arts and Crafts and Outdoor Activities. Usually the Outdoor Activity in the afternoon is a hike or creek activity so that we can be in the shade!



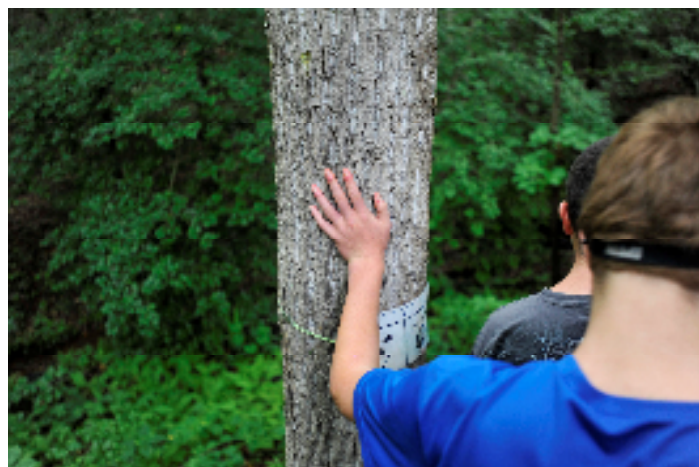
Arts and crafts can happen outside too!



Our chilly mountain creek is a great place to look for critters!



If you don't want to catch the critters yourself, you can check out what other folks have found.



Christmount has many beautiful trails. We adapt our hikes so that there is a purpose to them, like sensory hikes or scavenger hunts.



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Our play ground has rustic wooden play equipment, and is set in a wooded area with a creek running through it. We use the playground for specific activities, but mostly it is used for a place to go if your camper finishes an activity early or just has a few minutes before the next activity.



Beautiful wooded playground



Aside from our playground, we have multiple swings set up around camp. These are great for sensory input and to just kill some time between activities.



Campers love the cool tree fort and the fastest tunnel slide in North Carolina!

After rotating through our afternoon activities we go to the pool at 4:20, dinner at 5:30, and then off to the Special Event of the day. These change daily and are planned according to the age group and to people's interests. They could be waterslide, Black Mountain fire truck, country fair, parade, detective night, Harry Potter night, Tye-dye, etc.



Every Thursday we take a school bus about 5 miles down the road to Camp Rockmont. They let us come and use their beautiful Lake Eden. First we canoe, then we go and swim in the swimming area. They have tubes, a floating trampoline, diving boards, and a great beach front area to build sand castles!



We have a talent show on Friday at 1:00 for parents and guardians to come and enjoy all of the fun things that we have learned about the campers all week. Then it is time to say good bye!



As you can see, we have lots of fun at Camp Lakey Gap. We hope that you can come and enjoy the beautiful Blue Ridge Mountains with us one summer. You might just leave with some great new friends!

